

Virginia Beach Maternal Health HUB Perinatal Mental Health Care Coordinator

Job Posting

Postpartum Support Virginia (PSVa) is a Statewide Nonprofit addressing perinatal mental health issues. PSVa's mission is to educate families, healthcare providers and communities about Perinatal Mood & Anxiety Disorders (PMADs) and to provide resources to help new and expectant mothers and their families overcome anxiety, depression, and other PMADs.

PSVa has an immediate opening for a full-time mental health-focused Care Coordinator in Virginia Beach and Newport News. This is a 40-hour-per-week, in-person position in partnership with Urban Baby Beginnings.

The Care Coordinator is an integral member of PSVa's Direct Services Team. Reporting to the Care Coordination Manager, the Coordinator provides resources and referrals to moms, birthing people, and their families that aid in the recovery from and prevention of maternal mental health issues and support their transition to parenthood. The Care Coordinator also designs and launches social support programs to meet the needs of the population they serve at the HUBS in Virginia Beach and Newport News.

This is a 5-year, grant-funded position. Continued employment is contingent upon the continuation of funding from the grantor.

Roles and Responsibilities

1. Care Coordination
 - a. Provide care coordination to affected individuals and families. Provide excellent customer service, employ motivational interviewing techniques, and ensure timely follow-up to all clients.
 - b. Understand the various resources for referral in specified regions, including community service boards, social services, mental health providers, birth and lactation professionals, housing, and nutrition programs.
 - b. Utilize case management software to track all necessary client information.
 - c. Ensure PSVa staff and volunteers know community services in the region and provide relevant updates for the website or other print materials.
2. Participate in HUB Activities, including relevant training programs and meetings—partner with HUB staff to deliver services to HUB users.
3. Develop HUB-based social support services at the Virginia Beach and Newport News Maternal Health HUBs, including Mothers and Babies evidence-based support groups and other support services that meet the needs of the population (e.g., topic-focused support groups).
 - a. Assist with recruitment and training of volunteers to support HUB services.
4. Work closely with the regional outreach coordinator.
5. Organization-Wide Responsibilities

- a. Serve as a member of the Care Coordination team.
- b. Participate in DEI training, in-person quarterly meetings, staff meetings, and relevant team meetings.
- c. Assist with report development for grantors and other constituents.
- d. Participate in fundraising and other events/activities as needed.

Requirements:

- 1. Excellent verbal and written communication; strong people skills.
- 2. Driver's license and the ability to work in person in Virginia Beach (primary office) and Newport News (as needed).
- 3. Strong organizational skills.
- 4. Confidence in decision-making.
- 5. Familiarity with mental health resources and systems.
- 6. Familiarity with the perinatal time is preferred.
- 7. Live in the city, county, or region designated
- 8. Skill in relationship-building
- 9. Prior experience with care coordination or case management is preferred.
- 10. Bilingual (Spanish/English) applicants are encouraged to apply.
- 11. Professionals with experience in perinatal health (nurses, doulas, etc.) and mental health, as well as those with experience in public health or community organizing, are encouraged to apply.
- 12. Those with lived experience/expertise are encouraged to apply.